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WESTFIELD GREEN TEAM CHALLENGE

Become a Green Olympian!

Grades Pre-K - Kindergarten

| AME | |
|---------------|----------|
| GESCHOOL | <u> </u> |
| arent's Name | |
| arent's Email | |

Our town of Westfield has won a Silver Star for Sustainable NJ! This means the people of our town care about the Earth and are helping to keep it healthy for the future. Now, you can do your part to earn your own medal!

Directions: Color the picture next to each thing you do.

1. Take a nature walk.

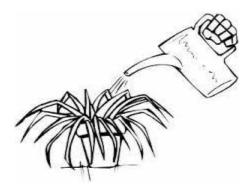


2. Turn off the lights when you leave a room.





3. Water a plant.



4. Turn off the water when you brush your teeth.



5. Put water bottles and juice boxes (no straws) in the recycling bin.

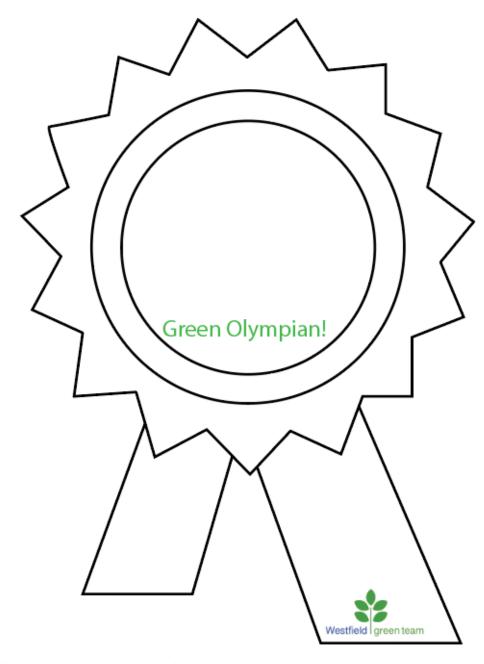


6. Give a book you are done reading to a friend or baby!



7. With the help of an adult, email this form to greenteam@westfieldnj.gov and receive a gift from the Westfield Green Team.





Count each picture you colored, then color your medal.

Cut it out, then hang it in your window or wear it as a badge, so everyone will know that you are a Green Olympiad!

| Olympiad: | |
|------------------|--------|
| PICTURES COLORED | COLOR |
| 1 | Bronze |
| 2-3 | Silver |
| 4-6 | Gold |
| 7 | Green |





WESTFIELD GREEN TEAM CHALLENGE

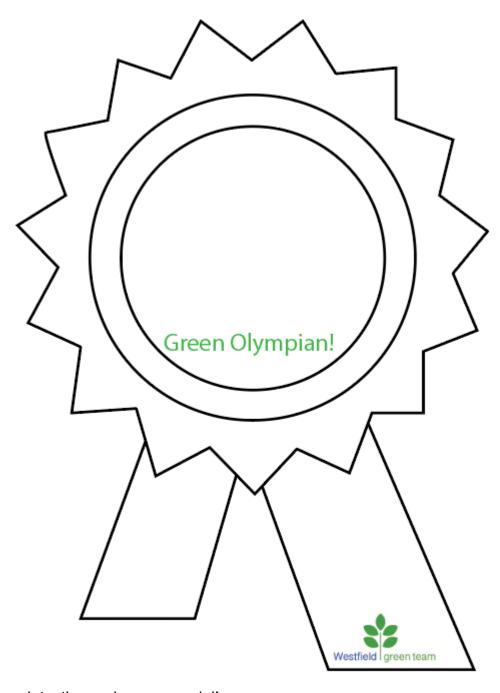
Become a Green Olympian!

<u>Grades 1 - 5</u>

| Name | | |
|--|--|--|
| Age Grade Teacher School | | |
| Parent's Name | | |
| Parent's Email | | |
| Our town of Westfield has won a Silver Star for Sustainable NJ! This means the people of our town care about the Earth and are helping to keep it healthy for the future. Now, you can do your part to earn a medal! | | |
| Directions: Give yourself a point for each challenge you complete! | | |
| 1. Take a nature walk | | |
| 2. Turn off the lights when you leave a room | | |
| 3. Walk, bike, or scoot to school at least once a week | | |
| 4. Learn the name of one bird you see outside | | |
| 5. Plant a seed or root a plant. Water it and watch it grow! | | |
| 6. Turn off the water when you brush your teeth | | |
| 7. Use a refillable water bottle instead of a single-use water bottle | | |
| 8. Eat one dinner a week without meat or cheese | | |
| 9. Use the recycling bin for #1 and #2 plastics (be sure they are clean!) | | |



10. With the help of an adult, submit this form to greenteam@westfieldnj.gov to become a Westfield Green Olympiad and receive a special pencil!



Add up your points, then color your medal!

Cut it out, then hang it in your window or wear it as a badge, so everyone will know that you are a WESTFIELD GREEN OLYMPIAD!



| POINTS | COLOR |
|--------|--------|
| 1-2 | Bronze |
| 3-6 | Silver |
| 7-9 | Gold |
| 10 | Green |





WESTFIELD GREEN TEAM CHALLENGE

Become a Green Olympian! <u>Middle School</u>

| Name |
|---|
| Age Grade Homeroom Teacher School |
| Parent's Name |
| Parent's Email |
| Our town of Westfield has won a Silver Star for Sustainable NJ! You can do your part by keeping Westfield and the Earth healthy. Below are some tips you can do today and every day! Fill out the form by June 4, 2021 and you will receive a small prize as well and be entered into a raffle to win a free ice cream! |
| Directions : Give yourself a point for each challenge you complete. |
| 1. Only turn on lights in a room when necessary. Consider opening your shades to use the sun's energy instead! |
| 2. Be sure to turn off lights when you leave a room. |
| 3. Once your electronic devices (phone, ipad, etc.) are fully charged, unplug them. |
| 4. Use a power strip for your devices which you can turn off easily when not in use. |
| 5. Walk, bike, or skate to school at least once a week. Do so with a friend or sibling for an extra |
| point. 6. Drink from a reveable water bettle instead of a single use bettle |
| 6. Drink from a reusable water bottle instead of a single use bottle. 7. Use both sides of a paper. Create a pile for handouts and papers that can be used again. |
| 8. When you go to a store, bring your own bag. You can put items in your bookbag if you buy things |
| after school. Try buying something without packaging like bananas or lettuce. |
| 9. If you have clothing you have outgrown or no longer wear, donate it or repurpose it. Buy your next |
| piece of clothing at a thrift store for an extra 2 points. |

____ 10. Pass along books or toys you no longer need to a friend.



| 11. Learn to identify and find the Spotted Lantern Fly. See how this teen made a trap at: |
|--|
| https://www.youtube.com/watch?v=yjOKIOOw1ZA&ab_channel=69NewsWFMZ-TV |
| 12. Adopt a Storm Drain near your house. Name your drain and maintain it all year long. Sign up |
| here with an adult at nj.adopt-a-drain.org |
| 13. Go on a nature walk with friends or family. |
| 14. Learn the name of one new bird. |
| 15. Turn off the water when you brush your teeth. |
| 16. Eat one meatless and cheeseless dinner a week. |
| 17. Plant a seed or root a plant. Water it and watch it grow! |
| 18. Recycle clean #1 and #2 plastics. |
| 19. Bring clean #5 plastics, tennis balls, unwanted plastic toys to the conservation center. |
| 20. Submit this form to greenteam@westfieldnj.gov to learn more and win prizes! |
| |
| Add up your points. Double points for each thing you encourage a friend/family member to do! |

| POINTS | AWARD |
|--------|--------|
| 1-6 | Bronze |
| 7-14 | Silver |
| 15-20 | Gold |
| 21-40 | Green |

